

SAFE ZONE TRAINING



Interested in Safe Zone training?

Many companies, organizations, and teams have begun to prioritize cultural competency. As such, many have included specific objectives catered to learning best practices and how to work with members of the LGBTQIA+ community within their strategic goals. If this resonates with your organization continue reading to find out more.



What is Safe Zone training?

Safe Zone training empowers trainees to support LGBTQIA+ persons and create change within their organization. Safe Zone training provides a better understanding of the unique needs and concerns LGBTQIA+ people face and increase the attendees' knowledge, skills, and abilities to create a more inclusive and affirming environment.



What will trainees learn?

Safe Zone trainees will develop:

- A deeper awareness of personal ideas, stereotypes, biases, and assumptions related to LGBTQIA+ individuals.
- An increased comfort level in addressing concepts and language regarding LGBTQIA+ communities within the organization.
- An understanding of LGBTQIA+ terminology and history.
- Awareness about the concepts of privilege and identity development.
- Skills for identifying and interrupting language and behavior that may be unwelcoming or discriminatory.



How much does Safe Zone training cost?

The cost of Safe Zone training will vary and depend on multiple factors. The base (hourly) rate of the training is \$500*. Beyond this rate, the fee is developed depending on various factors such as delivery method (in-person vs virtual), printed materials, certificates (if requested), travel expenses, number of trainees, and more. A community-based organization may receive a reduced fee.

**Note:*

The hourly rate includes: hours spent on development, preparation, meetings with the client(s), training of co-facilitators, setup and clean-up, delivery of training, and travel.



Are you interested in knowing more?

If after reading this brochure about the Safe Zone training you find yourself interested in moving forward to organize a training event for your company, please contact: Gary Dillon, Ph.D. at AllyPsychotherapy@gmail.com